

# CHOMPIONS!

a study of food avoidance  
in young children



***Is your child very selective with the foods that they eat?***

***Is your child not eating enough food?***

***Does your child seem not interested in food?***



This study will compare two programs designed to improve the quantity and/or quality of a child's eating as well as their ease in eating in social situations.

**This study is completely virtual and at home, so families everywhere may be able to participate!**

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## **If you are eligible to participate in this study, you will...**

- Receive 20 sessions of free treatment
- Record your child trying new foods
- Answer questions to help us understand your child's symptoms

## **You may qualify for this study if:**

- Your child is between the ages of 5 & 9
- You and your child are fluent in English
- Your child is not eating enough food or does not have enough food variety such that it is impairing their physical and/or mental health
- You have a phone or computer with video recording and conferencing capabilities
- Your child has a pediatrician



★ **You will be compensated for every aspect of the study that you complete.**

★ **Your child will receive prizes throughout the duration of the study.**